

# HOLMES ATHLETIC PROGRAM



Dear Student Athlete and Parents/Guardians

It's time for students to start thinking about playing on a Holmes Athletic Team. Here are important things to know

1. Holmes will be participating in the Kensington Lakes Activities Association (KLAA) Middle School League in all sports
2. Students have the opportunity to choose from a variety of sports. Girls can participate in cross country, basketball, volleyball, and track & field. Boys can participate in cross country, basketball, wrestling, and track & field. There will be one 7<sup>th</sup> and one 8<sup>th</sup> grade team for basketball for boys, and one 7<sup>th</sup> and one 8<sup>th</sup> grade team for basketball and volleyball for girls. Cross country, track, and wrestling will have one combined 7<sup>th</sup> and 8<sup>th</sup> grade team for boys. Cross country and track will have one combined 7<sup>th</sup> and 8<sup>th</sup> grade team for girls.

Fall Season Boys and Girls Cross Country, Girls Volleyball

Winter Season 1 Boys Basketball

Winter Season 2 Boys Wrestling, Girls Basketball

Spring Season Girls and Boys Track & Field

3. All teams have roster limits and will require **tryouts and cuts**, if signups exceed spots available.
4. Students must sign up by the deadline posted in order to have a chance to participate. Signups will take place during school. The Holmes website, morning announcements, and this letter are your reminders of the signup dates. **Note: Physical Cards MUST be on file with the Athletic Director BEFORE try-outs begin!**

<i>Sports</i>	<i>Signup Day</i>	<i>Season Start/End Dates</i>
<i>Girls Volleyball</i> <i>Boys/Girls Cross Country</i>	Schedule Pick Up Day Aug. 24. 3-6:00pm Aug 25. 8-11:00am	Sept 6 - Oct 18
<i>Boys Basketball</i>	Oct 11 (Wed)	Oct 30 – Dec 20
<i>Girls Basketball</i> <i>Boys Wrestling</i>	Jan 11 (Thu) Jan 10 (Wed)	Jan 22 - Mar 16 Jan 16 - Mar 16
<i>Boys/Girls Track &amp; Field</i>	Mar 22 (Thu)	Apr 9 – May 31

- 4 **Fall Sports: Signup for the fall sports of cross country and volleyball will be during Schedule Pick-Up.** The first practice for fall sports is after school on **Wednesday, Sept. 6<sup>th</sup>** beginning at 3:00 p.m. and ending at 4:30 p.m. **Students must have their own transportation home at 4:30 p.m. SHARP.**
- 5 Practices for all sports are generally every Monday, Tuesday, Wednesday, and Friday from 2:55 to 4:30 p.m. There are no contests or practices on ½ days, or days when school is not in session. Contests start at 3:45 p.m. if both teams are from Livonia and 4:00 p.m. if only one team is from Livonia. It is important that students have **prompt** rides available to take them home after contests/practices.



6. **Mandatory Physical Examination:** To participate in the Holmes Athletic Program, students must either turn in a completed Physical Card, or have a current physical (**dated April 15, 2017** or later) on file. **Physical Cards MUST be turned in BEFORE students can sign up for a sport.** These cards can be turned in to the athletic director during Schedule Pick-Up or during the school year. **REMEMBER: NO PHYSICAL FORM ... NO TRY-OUT... NO PLAY!**

It is the family's responsibility to arrange for a sports physical, and we encourage families to make an appointment with either their family doctor or a clinic. For your convenience, a list of local physicians and clinics that offer sports physical examinations is provided on the Holmes website. **IMPORTANT – be sure to take along the Livonia Public Schools Physical card to the appointment.** Make sure the doctor **dates** it, and parents be sure to completely fill out the **back side**

7. **Pay to Participate:** Participation in athletics is based on the individual interest, ability and number of members per team. The payment of a participation fee does not guarantee a particular role on a team or that the student will play in contests.
- A **one-time** participation fee of **\$150.00** will be collected upon making a sports team
  - Fees will be paid using Pay Schools online. The link for Pay Schools can be found on our website, under the Athletics tab
  - Coaches **cannot** collect Pay to Participate fees
  - There is a cap of \$700.00 per family for secondary athletics and activities
  - The fee is **due on the first day of the practice after the final cut** is made
  - If a student quits or is dismissed for disciplinary/academic reasons, there is no refund
  - Students/parents who do not have the ability to pay the fee, should contact the Holmes Main Office for information regarding athletic scholarships
8. Specific season dates, practice dates, contest dates, and signup deadlines will be posted on the Holmes website.
9. Please contact the athletic director by phone 734-744-2675, ext 79560, or by email at [tolschan2@livoniapublicschools.org](mailto:tolschan2@livoniapublicschools.org) if you have any questions
10. Be sure to visit the Holmes website for all athletic information

<http://www.livoniapublicschools.org/Holmes.cfm>

**Tim Olschanski**  
**Athletic Director**





# 2017-2018 HOLMES ATHLETICS

<b>SPORT</b>	<b>SIGNUP DAY</b>	<b>SEASON</b>
Girls Volleyball	Schedule Pick up (Aug )	Sept 6-Oct 18
Girls & Boys Cross Country	Schedule Pick up (Aug )	Sept 6-Oct 18
Boys Basketball	Oct 11	Oct 30-Jan 17
Girls Basketball	Jan 11	Jan 22-Mar 16
Boys Wrestling	Jan 10	Jan 16-Mar 16
Girls & Boys Track & Field	Mar 22	Apr 9-May 31

